

EAPM 2018

6TH ANNUAL SCIENTIFIC CONFERENCE OF THE
EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE · EAPM ·

**INNOVATIVE AND INTEGRATED APPROACHES
TO PROMOTE MENTAL AND PHYSICAL HEALTH**

Verona (Italy), 27-30 June 2018



FIRST ANNOUNCEMENT



EAPM

The European Association of
Psychosomatic Medicine

www.eapmverona2018.com

PRESENTATION

Physical and mental illnesses interact mutually and share common risk factors with not only additive but also synergistic effects.

Comorbidity is a complex event for its numerous clinical and socio-environmental implications. Up to 25% of patients with chronic illness also suffer from comorbid mental disorders, even higher rates of comorbidity are seen for specific conditions (e.g. cancer, neurological disorders). Doctors tend to concentrate on symptoms and organs, underestimating the importance of mental health problems, especially when they accompany a serious physical illness. This is largely in the belief that the mental health issues, as simple corollaries of the major disease, are destined to disappear with the improvement of the physical disease.

On the other hand, psychiatrists, physicians for psychosomatic medicine and psychotherapy, and psychologists may be similarly reluctant to deal with medical comorbidities in their patients.

Such poor attention paid to the interplay between physical and mental disorders impacts negatively in terms of health and social costs, because of intensive, excessive or inappropriate use of resources as well as indirect costs (decrease in productivity, disability, reduced quality of life). These costs would be avoidable with the implementation of integrate and innovative interventions addressing effectively bio-psycho-social complexity. Such is indeed one of the absolute future priorities in health management worldwide.

TOPICS (only a selection)

Cost-effectiveness of mental health treatments in somatic disorders

- Optimization of resources for mental health care in medically ill patients
- Resilience and coping strategies in somatic disorders
- Physical health in severe mental disorders
- Impact of social issues on clinical practice in consultation-liaison psychiatry
- Stigma in physical and mental health
- Towards a operationalized bio-psycho-social approach to care in person-centred medicine
- Stress, immune function, and physical disease
- Health anxiety and somatic symptom disorder
- The role of attachment and emotion regulation in mental diseases
- Psychological treatments with the medically ill
- Prevention of mental disorders in a bio-psycho-social paradigm
- Cross-cultural mental and physical care of patients
- Recovery oriented assessment and intervention

CONGRESS PRESIDENT EAPM 2018

Mirella Ruggeri

Section of Psychiatry, University of Verona and Verona Hospital Trust

CORE SCIENTIFIC COMMITTEE EAPM 2018

Mirella Ruggeri, University of Verona and Verona Hospital Trust (Italy)
• **Luigi Grassi**, University of Ferrara (Italy) • **Silvia Ferrari**, University of Modena (Italy); **Francesco Amaddeo**, University of Verona and Verona Hospital Trust (Italy) • **M.Giulia Nanni**, University of Ferrara (Italy) • **Sarah Tosato**, University of Verona and Verona Hospital Trust (Italy) • **Franziska Geiser**, Bonn University (Germany) • **Carsten Leue**, Maastricht University (The Netherlands) • **Bernd Löwe**, University Medical Centre Hamburg-Eppendorf, Hamburg (Germany) • **Marta Novak**, University of Budapest (Hungary) and University of Toronto (Canada) • **Michael Sharpe**, Oxford University (UK) • **Wolfgang Söllner**, Paracelsus University of Nuremberg (Germany)

PLENARY SPEAKERS (so far)

Catherine Classen, San Francisco (USA) • **Giovanni Fava**, Bologna (Italy) • **Molyn Leszcz**, Toronto (Canada) • **Mario Maj**, Naples (Italy) • **David Mc Daid**, London (UK) • **Graham Thornicroft**, London (UK)

IMPORTANT DATES

October 1 2017 Opening registration and simposium submission
November 1 2017 Abstract and regular presentations submissions opening
January 31 2018 End of abstract submissions
April 15 2018 End of early bird registration

ORGANIZING SECRETARIAT

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VENUE

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